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PAPER

Delayed yielding in creep, time–stress superposition and effective time theory for a soft glass

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In this work we investigate creep flow of aqueous suspension of Laponite, a model soft glassy material, at different aging times and stresses. We observe that this system shows time–aging time–stress superposition over a range of aging times and stresses when a real time scale is transformed into an effective time scale. Existence of superposition in an effective time domain facilitates prediction of long and very short time rheological behavior. Analysis of the observed behavior from an effective time approach suggests that superposition is possible only when the shape of a relaxation time spectrum is preserved at various aging times and stresses. We also observe that creep curves at low aging times and greater stresses demonstrate delayed but sudden yielding. The critical time, at which material yields, increases with increase in aging time and decrease in stress. We argue that local rejuvenation of part of the glassy material causes variation in the rate of evolution of relaxation modes. The resulting interplay between aging and rejuvenating modes leads to delayed yielding as observed experimentally.

I. Introduction

Soft glassy materials such as concentrated suspensions and emulsions, foam, cosmetic and pharmaceutical pastes, *etc.* are soft materials that are out of thermodynamic equilibrium.^{1–8} In these materials, physical jamming over mesoscopic length-scales curbs the mobility of constituent elements so that material cannot explore the phase space over the experimental time-scales.^{2,9} The natural tendency of any material to acquire the equilibrium state drives time dependent evolution of the micro-structure to attain the progressively low free energy states as a function of time.^{10,11} This phenomenon, also known as physical aging, causes evolution of viscoelastic properties of the material as a function of time.^{5,7,12} Application of deformation increases potential energy and induces fluidity in the material. This phenomenon is known as rejuvenation and it reverses the effect of aging. Overall the rheological behaviour of soft glassy materials is determined by interplay between aging and rejuvenation.^{13,14}

Under quiescent conditions, the relaxation dynamics of glassy materials slows down with (aging) time. Rheological dependence of relaxation time on aging time is usually obtained by systematically carrying out creep/relaxation experiments at different aging times. The age dependent data is then shifted to obtain (process) time–aging time superposition. Struik¹² was the first to report time–aging time superposition of creep compliance of glassy polymers by plotting it against creep time divided by the factor of relaxation time which depends on aging time. However,

in order to avoid the effect of aging during the course of creep flow, he followed a protocol wherein he considered the creep data over only 10% of the aging time in order to observe the time–aging time superposition. This protocol is known as the Struik protocol. Creep time–aging time superposition has been reported for many amorphous polymers.^{12,15–17} Many groups have also reported the time–aging time superposition for a variety of soft glassy materials^{18–22} (and also for spin glasses^{23,24}). Struik proposed a procedure to predict a long time creep behavior from short time tests using the superposition.¹² However, consideration of creep data over only 10% of the aging time limited its predictive potential. Very recently Shahin and Joshi²⁵ proposed a formal procedure that employs effective time approach to predict long time creep behaviour from short time tests. Unlike Struik's theory, since effective time approach accounts for aging during the course of experiments, it leads to better prediction of long time behaviour.

Contrary to the aging phenomenon, the deformation field induces greater fluidity in the material thereby reducing the relaxation time. Cloitre *et al.*²⁶ reported time–aging time superposition for a soft micro-gel paste, whose relaxation time was observed to show linear dependence on aging time in the limit of small stresses. With an increase in stress, dependence of relaxation time on aging time weakened. Above the yield stress the material underwent complete rejuvenation eliminating the dependence of relaxation time on aging time.²⁶ Recognizing similarity of curvature of the stress dependent data in superposition, Joshi and coworkers^{27,28} observed creep time–aging time–stress superposition for an aqueous Laponite suspension in the limit of the Struik protocol. Interplay between deformation field induced rejuvenation and aging has also led to a demonstration

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of many complex rheological phenomena in soft glassy materials such as viscosity bifurcation,^{29–32} sudden jamming (liquid to glass transition) under high magnitude of oscillatory stress,³³ and overaging.^{34–36}

Soft glassy materials do not follow time translational invariance (TTI) owing to their time dependent behaviour.^{37,38} Because of which, the Boltzmann superposition principle³⁹ cannot be applied to soft glassy materials. This significantly limits the theoretical modelling of the rheological behaviour of this class of materials. In a seminal contribution Fielding and coworkers³⁸ used an effective time approach⁴⁰ and proposed a modified Boltzmann superposition principle. They also proposed a comprehensive theory known as the soft glassy rheology (SGR) model. This model naturally accounts for physical aging through activated dynamics, by allowing strain degrees of freedom and by employing an effective temperature instead of thermodynamic temperature.³⁸ Remarkably the SGR model captures most of the generic features of soft glassy rheological behaviour. Over past decade many groups have also proposed phenomenological models to analyse the rheological behaviour by considering interplay between aging and rejuvenation.^{30,31,41} These models are mathematically simple and capture many of the experimental observations qualitatively.

In the present work, we investigate the creep flow behaviour of a model soft glassy material: an aqueous suspension of Laponite. We observe time–aging time–stress superposition using the effective time approach and demonstrate the prediction of a long time creep behaviour. However, over a certain range of aging times and stresses, the material is observed to undergo delayed but sudden yielding in creep flow. We conclude by discussing how interaction between deformation field and relaxation time distribution may lead to various observed behaviours.

II. Material and experimental procedure

Laponite-RD®, synthetic hectorite clay, was procured from Southern Clay Products Inc. Laponite RD consists of disk shaped nanoparticles having a diameter around 25 to 30 nm and thickness 1 nm.⁴² White powder of Laponite was dried for 4 h at 120 °C to remove moisture before mixing with ultrapure water having pH 10. Laponite was dispersed in water using Ultra Turrex drive for a period of 30 min. The suspension was then left undisturbed for 80 days in a sealed polypropylene bottle. The detailed preparation protocol to prepare aqueous Laponite suspension is discussed elsewhere.⁴³ In this work we have used 2.8 wt% concentration, whose suspension in water is known to form a soft solid having a paste like consistency.⁴⁴

The rheological experiments were conducted on an Anton Paar MCR 501 rheometer (Couette geometry, bob diameter 5 mm and gap 0.2 mm). The Couette shear cell was filled with a new sample at the beginning of each experiment and shear melted under oscillatory shear field having a strain magnitude of 1500 and frequency of 0.1 Hz for 15 min. Shear melting is necessary to obtain the same initial condition in all the experiments. After the shear melting sample was left to age for a pre-determined time. During the aging process we probed the evolution of elastic modulus of the suspension by applying small amplitude oscillatory shear having a strain magnitude 0.005 at

frequency 0.1 Hz. Subsequent to aging, a constant shear stress was applied to the suspension. In this work we have applied shear stress in the range 10 Pa to 80 Pa. In order to investigate presence of wall slip, we performed few creep experiments in a different couette cell having a bob diameter 2.67 cm and gap 1.13 mm. The difference in strain associated with the two shear cells, in otherwise identical experiments, was observed to be within the experimental uncertainty. This rules out presence of any noticeable wall slip. In every experiment the free surface of suspension was covered with a thin layer of low viscosity silicone oil to avoid contamination of CO₂ and evaporation of water. All the experiments were carried out at 25 °C.

III. Results and discussion

Aqueous suspension of Laponite undergoes structural evolution as a function of time elapsed since shear melting (also known as aging time t_w). Fig. 1 shows the corresponding evolution of elastic modulus as a function of aging time. We perform creep experiments on samples having different ages (aged for different t_w). In an inset of Fig. 2, compliance induced in the material has been plotted as a function of creep time. It can be seen that lesser strain gets induced in the sample for the experiments carried out at greater aging times. This behavior is due to enhancement in both elastic modulus as well as viscosity, as a function aging time (enhancement in elastic modulus decreases glassy compliance, while increase in viscosity makes rate of change of compliance weak at greater aging times).

In the limit of linear response, Boltzmann superposition principle is applicable to the soft materials that follow TTI and is given by:³⁹

$$\gamma(t) = \int_{-\infty}^t J(t - t_w) \frac{d\sigma}{dt_w} dt_w, \quad (1)$$

where t is present time, t_w is time at which deformation was applied to the system, σ is shear stress imposed on the material while γ is shear strain induced in the material. For the materials that follow TTI, compliance J is only a function of time elapsed since application of deformation ($J = J(t - t_w)$) in the linear response regime. However, time dependency shown by glassy materials forbids application of the Boltzmann superposition principle to the same. In time dependent materials, creep compliance shows additional dependence on time at which creep was applied: $J = J(t - t_w, t_w)$ leading to:^{37,38}

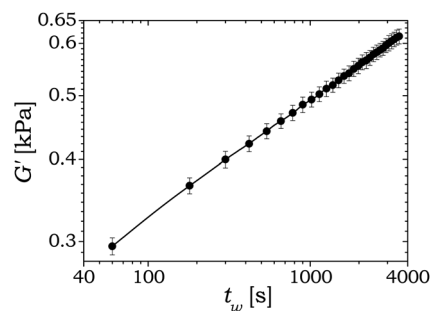


Fig. 1 Evolution of elastic modulus (G') as a function of aging time (t_w).

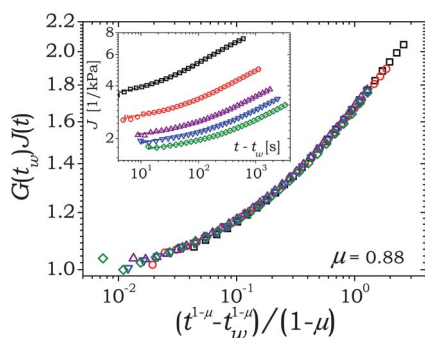


Fig. 2 Time-aging time superposition of the creep data obtained at stress of 40 Pa using effective time approach. The inset shows compliance induced in the material as a function of creep time for creep experiments performed at various aging times, from top to bottom: $t_w = 600, 1200, 1800, 2700, 3600$ s.

$$\gamma(t) = \int_{-\infty}^t J(t - t_w, t_w) \frac{d\sigma}{dt_w} dt_w, \quad (2)$$

For a system that shows time dependent variation of relaxation time, it is customary to transform the real time scale to the effective time scale.⁴⁰ Effective time represents the time required for an occurrence of the same relaxation processes with constant relaxation time, which otherwise occur on a real time scale (t) with time dependent relaxation time $\tau(t)$. The effective time associated with a constant relaxation time (τ_0) is given by:^{25,37,38}

$$\xi(t) = \int_0^t \tau_0 dt' / \tau(t') \quad (3)$$

In this expression actual value of τ_0 is immaterial for the analysis. What is important is that in the effective time domain, the value of τ_0 remains constant. As a result, compliance is only a function of effective time elapsed since application of creep flow field: $J = J(\xi(t) - \xi(t_w))$. Therefore the modified Boltzmann superposition principle can be written as:^{25,37,38}

$$\gamma(t) = \int_{-\infty}^t J(\xi(t) - \xi(t_w)) \frac{d\sigma}{dt_w} dt_w \quad (4)$$

For a glassy material, relaxation time is known to follow a power law dependence on aging time given by: $\tau = A\tau_m^{1-\mu}t_w^\mu$,^{12,25,26,38} where τ_m is the microscopic relaxation time and A is a constant. The difference in effective time is then given by:

$$\begin{aligned} \xi(t) - \xi(t_w) &= \int_{t_w}^t \tau_0 dt' / \tau(t') = \frac{\tau_0 \tau_m^{\mu-1}}{A} \left[\frac{t^{1-\mu} - t_w^{1-\mu}}{1-\mu} \right] \\ &= \frac{\tau_0 \tau_m^{\mu-1} \theta(t, t_w)}{A}. \end{aligned} \quad (5)$$

In Fig. 2, we plot aging time dependent creep curves obtained at 40 Pa stress in the effective time domain. It can be seen that the vertically shifted creep curves demonstrate an excellent superposition, irrespective of their aging times. Vertical shifting, which is carried out by normalizing compliance by the modulus, is necessary to accommodate time dependent increase in elastic modulus as shown in Fig. 1.

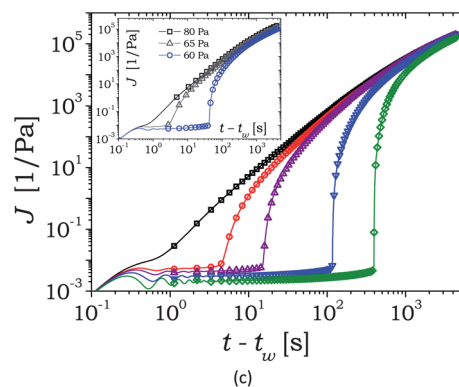
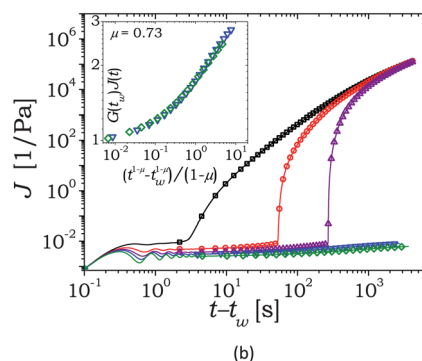
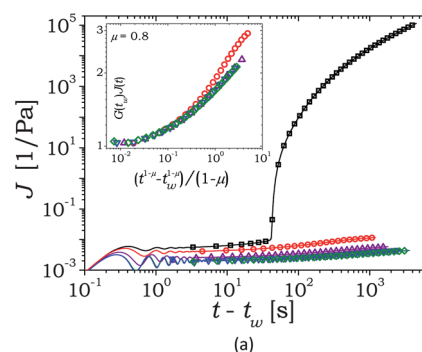


Fig. 3 Evolution of compliance is plotted as a function of creep time for creep experiments carried out at different aging times and various stresses: (a) 60 Pa, (b) 65 Pa and (c) 80 Pa. In all the figures from top to bottom: $t_w = 600, 1200, 1800, 2700, 3600$ s. The insets in figure (a) and (b) represent corresponding time-aging time superposition of unyielded creep curves obtained from the effective time approach. The inset in figure (c) represents evolution of compliance plotted against creep time for which delayed yielding is observed, for experiments carried out at different stresses but at the same aging time $t_w = 600$ s.

In Fig. 3 we plot creep curves obtained at various aging times for higher creep stresses. For a creep stress of 60 Pa and at an aging time of 600 s compliance shows small strain at lower creep times. At a critical creep time, however, compliance shows a sudden enhancement. Overall the material demonstrates time delayed yielding behaviour. At greater aging times creep curves do not show delayed yielding over the explored creep times. In an inset of Fig. 3(a), a creep time-aging time superposition is attempted for the unyielded creep curves (creep curves associated with four higher aging times). It can be seen that creep curves associated with $t_w = 1800, 2700, 3600$ s demonstrate an excellent

superposition for $\mu = 0.8$. However the creep curve associated with $t_w = 1200$ s, does not follow the superposition. Application of 65 Pa stress causes delayed yielding for creep experiments performed at higher aging times of 600, 1200 and 1800 s, as shown in Fig. 3(b). Furthermore, the critical time at which the material yields increases with the increase in aging time. Interestingly, the creep curves that show yielding, superpose at large creep times in the real time domain. This behavior suggests complete rejuvenation and absence of aging (or absence of time dependency, $\mu = 0$). At further greater aging times, however, the compliance does not show yielding over the explored creep times. The unyielded creep curves do show superposition when normalized compliance is plotted against $\theta(t, t_w)$ for $\mu = 0.73$ as shown in an inset of Fig. 3(b). Fig. 3(c) shows creep behavior at 80 Pa stress, wherein all the creep curves obtained at various aging times demonstrate delayed yielding. In the inset of Fig. 3(c) we plot creep curves that show yielding, which are obtained at the same age (600 s) under application of different stresses. It can be seen that irrespective of the stress, compliance follows the same curve. Overall both the inset and main plot of Fig. 3(c) suggest complete rejuvenation (cessation of aging, $\mu = 0$) after yielding at long creep times.

In Fig. 4, the rate of evolution of relaxation time with respect to aging time (μ) is plotted against the magnitude of stress. It can be seen that μ demonstrates bifurcation for a certain range of stresses over the explored aging times. In Fig. 3, three types of characteristic behaviours are reported. At lower aging times, application of stress above a certain magnitude causes delayed but sudden yielding in the material, which brings about complete rejuvenation leading to $\mu = 0$. On the other hand, for higher aging times creep curves superpose leading to time-aging time superposition for a particular value of μ (>0). For an intermediate range of aging times, creep curve(s) demonstrates non-uniform rejuvenation without undergoing complete yielding, which prevents it from participating in the time-aging time superposition associated with higher aging time creep curves. The behaviour observed in Fig. 3 and Fig. 4 further suggest that even for the lower stresses (40 Pa and below), bifurcation of μ may be possible if the creep experiments are carried out at further lower aging times. Similarly at greater magnitude of stresses,

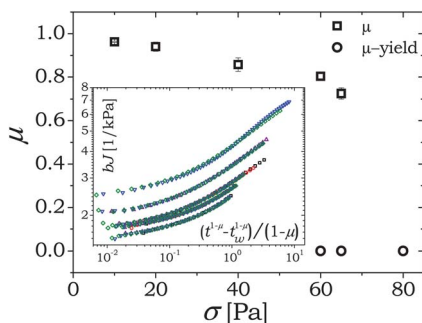


Fig. 4 Factor μ plotted as a function of shear stress. It can be seen that μ bifurcates due to yielding observed at low aging times. The inset shows individual time aging time superpositions at different stresses, from top to bottom 65, 60, 40, 20, and 10 Pa. For 60 and 65 Pa we have considered only those creep curves that participate in superposition. The vertical shift factor is given by $b = G(t_w, \sigma)/G(t_w, \sigma_R)$, where $G(t_w, \sigma)$ is elastic modulus at the reference aging time ($t_w = 3600$ s).

creep curves at very high aging times may demonstrate superposition for nonzero values of μ .

In the inset of Fig. 4, we plot time-aging time superpositions obtained at different stresses that require nonzero μ . It can be seen that the respective stress dependent superpositions have similar curvatures. The horizontal and vertical shifting of these superpositions on to a superposition associated with 40 Pa stress, which we plot in Fig. 5, produces time-aging time-stress superposition. In this superposition we use the creep data belonging to 40 Pa stress only up to creep time of 100 s. This is carried out in order to facilitate the prediction of the remaining data as discussed below. It should be noted that the self-similarity of curvature leading to the superposition is not necessarily a proof of the physical existence of the same and therefore needs further validation. The time-aging time superpositions at different creep stresses shown in the inset of Fig. 4 have been plotted in the effective time domain with abscissa being $[\xi(t) - \xi(t_w)]/[\tau_0 \tau_m^{\mu-1}/A]$. In the effective time domain, relaxation time of the material is constant and according to eqn (3), we consider it to be τ_0 . Values of μ associated with every stress dependent superposition shown in the inset of Fig. 4 are different. Therefore, in order to obtain time-aging time-stress superposition (by representing the abscissa by $[\xi(t) - \xi(t_w)]/\tau_0$), the horizontal shift factor (c) in Fig. 5 must scale as $\tau_m^{\mu-1}/A$. Since all the stress dependent superpositions have been shifted on to a superposition belonging to reference stress (40 Pa), the horizontal shift factor should be: $c = \tau_m^{\mu-1}/\tau_m^{\mu_R-1}$, where μ_R is value of μ associated with reference superposition. In the inset of Fig. 5 we plot $\ln c$ as a function of $\mu-1$. The observed linear relationship between both the variables ($c \propto \tau_m^{\mu-1}$) indeed validates the physical existence of the superposition.

The time-aging time-stress superposition shown in Fig. 5 can be used to predict the long and short time creep data. Since in an effective time domain the relaxation time is constant, the superposition shown in Fig. 5 represents the creep behavior of a material with a modulus equal to that associated with the reference aging time (3600 s) under application of reference shear stress (40 Pa) plotted against creep time (in effective time

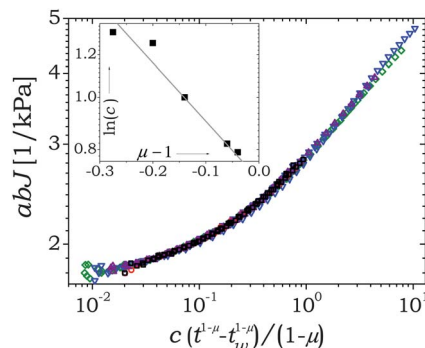


Fig. 5 Time-aging time-stress superposition obtained by horizontally and vertically shifting individual time-aging time superpositions shown in the inset of Fig. 4. For 40 Pa stress we have included creep curves only up to creep time of 100 s (refer to text for details). Vertical shift factor is given by $a = G(t_w, \sigma)/G(t_w, \sigma_R)$, where $\sigma_R = 40$ Pa is the reference shear stress. In the inset horizontal shift factor $c = \tau_m^{\mu-1}/\tau_m^{\mu_R-1}$ is plotted as a function of $\mu-1$.

domain) normalized with (constant) relaxation time. The real time creep behavior can be obtained by transforming the superposition shown in Fig. 6 from an effective time domain to real time domain. For $\mu = \mu_R$, abscissa of Fig. 5 is represented by $\theta(t, t_w)$, which can be transformed to a real time domain by inverting eqn (5) to give:

$$t - t_w = \left\{ \theta(1 - \mu) + t_w^{1-\mu} \right\}^{1/(1-\mu)} - t_w. \quad (6)$$

In Fig. 6 we plot compliance predicted from the superposition shown in Fig. 5 as a function of creep time $t - t_w$ using eqn (6). The experimental data for which prediction is proposed is same as that given in the inset of Fig. 2 ($\sigma = 40$ Pa, $t_w = 600$ to 3600 s). The filled symbols represent the creep data which is part of the superposition, while open symbols represent that data which is not. The lines represent prediction of the creep behavior. It can be seen that the lines not only show an excellent fit to the data, which is not a part of the superposition; but also show prediction of the long time and short time creep behavior for which data is not available. On one side prediction of long term creep behavior has its own importance, while on the other side prediction of short time creep data is also equally important. This is because instrument inertia forbids data acquisition at very small time-scales (as can be clearly observed from the initial oscillations in the creep data). In previous work, we proposed a methodology to predict long and short time creep behavior from time-aging time superposition.²⁵ The prediction using time-aging time-stress superposition clearly gives an advantage; for example, time-aging time superposition shown in Fig. 2 makes available the information of creep behavior in the range 0.01 to 1.8 in a scale of $\theta(t, t_w)$ for a stress of 40 Pa. However, for time-aging time-stress superposition the information is available in the range 0.009 to 10 for the same stress. According to eqn (6), time-aging time-stress superposition therefore offers significant advantage in predicting very long and short time rheological behavior compared to time-aging time superposition.

Although the predictive capacity demonstrated in Fig. 6 appears very promising, behavior reported in Fig. 3 raises an important question associated with validity of such prediction over the range of aging times and stresses. Therefore, it is necessary to discuss precautions that need to be exercised before employing time-aging time-stress superposition to predict the

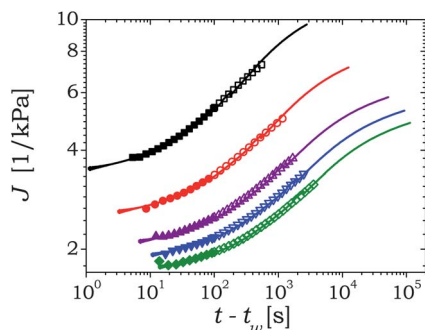


Fig. 6 Prediction of very long time and very short time creep behavior from time-aging time-stress superposition shown in Fig. 5. The symbols represent creep data shown in the inset of Fig. 2, while the lines through respective data set represent prediction.

long time and short time creep behavior. Furthermore, Struik¹² suggested that time-aging time superposition is possible if aging affects only the average value of relaxation times and not a shape of the spectrum. Below we also address this issue from the point of view of effective time theory.

In soft glassy materials, entities (particles) that make up the soft glassy materials are arrested in physical cages formed by their neighbors, which are generically represented by energy wells.⁴⁵ Typically there exists a distribution of energy well depths (or the barrier heights) in which entities are arrested. The distribution of energy well depths also implies a spectrum of relaxation times through its proposed Arrhenius dependence on energy well depth given by: $\tau_i = \tau_m \exp(E_i/kT)$.³⁸ By virtue of the system being arrested in a jammed state, the depths of the majority of energy wells are greater than the thermal energy associated with the entities. In an aging process, constituents undergo structural rearrangement and decrease their energy (increase well depth) as a function of time. This process causes progressive enhancement in relaxation times.^{10,12} In Fig. 7 we represent this scenario by a schematic, wherein a relaxation time distribution is represented at three aging times, wherein the shape of the spectrum is shown to be unaffected by the aging process. For a material with a single relaxation mode, as shown by eqn (2) and (4), time elapsed since application of deformation is needed to be replaced by effective time elapsed since application of deformation. However, if the material possesses many relaxation times described by a spectrum, then there will be a new effective time scale associated with every relaxation mode in the spectrum. Let us assume that the material possesses n relaxation modes represented by τ_i ($i = 1$ to n). Let each relaxation mode evolve with aging time according to $\tau_i = A_i \tau_m^{1-\mu_i} t_w^{\mu_i}$, where μ_i is logarithmic rate of aging ($d \ln \tau_i / d \ln t_w$) associated with i th mode. The corresponding effective time scale is then given by:

$$\xi_i(t) - \xi_i(t_w) = \int_{t_w}^t \tau_0 dt' / \tau_i(t') = \frac{\tau_0 \tau_m^{\mu_i-1}}{A_i} \left[\frac{t^{1-\mu_i} - t_w^{1-\mu_i}}{1 - \mu_i} \right]. \quad (7)$$

Creep compliance will, therefore, depend on effective time scale associated with each mode:

$$J = J([\xi_1(t) - \xi_1(t_w)], \dots, [\xi_n(t) - \xi_n(t_w)]) \quad (8)$$

If, however, every relaxation mode demonstrates the same dependence on aging time, such that: $\mu_i = \mu$ ($i = 1$ to n), the difference in effective time for i th mode will be:

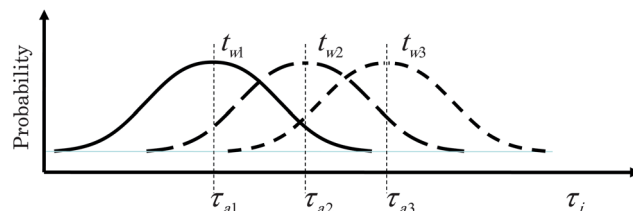


Fig. 7 A schematic representing evolution of relaxation time distribution for various aging times ($t_{w1} < t_{w2} < t_{w3}$). Independence of a shape of the spectrum on aging time is a necessary condition to observe time-aging time superposition.

$$\xi_i(t) - \xi_i(t_w) = \frac{\tau_0 \tau_m^{\mu-1}}{A_i} \left[\frac{t^{1-\mu} - t_w^{1-\mu}}{1-\mu} \right], \quad (9)$$

and if $\tau_a = A_a t_m^{1-\mu}$ is the average relaxation time, we get:

$$\xi_i(t) - \xi_i(t_w) = \frac{A_a}{A_i} (\xi_a(t) - \xi_a(t_w)), \quad (10)$$

where, subscript a represents variables associated with the average relaxation time. Finally eqn (8) and (10) lead to:

$$J = J \left(\left[\frac{A_a}{A_1} (\xi_a(t) - \xi_a(t_w)) \right], \dots, \left[\frac{A_a}{A_i} (\xi_a(t) - \xi_a(t_w)) \right], \dots, \left[\frac{A_a}{A_n} (\xi_a(t) - \xi_a(t_w)) \right] \right). \quad (11)$$

Since, A_i are constants, compliance can be represented as a function of difference in effective times associated with only average relaxation mode:

$$J = J(\xi_a(t) - \xi_a(t_w)), \quad (12)$$

which according to eqn (4) and (5) is a sufficient requirement to observe the superposition. Therefore, according to the effective time theory, if all the relaxation modes evolve with the same value of μ , then system demonstrates time-aging time superposition.

Application of deformation field (in the present case, stress field) displaces the constituents originally arrested in their own cages with respect to each other. Consequently, the strain (γ), which is assumed to get induced in the material affinely, enhances potential energy of the constituents trapped in their (quadratic) energy wells by $k\gamma^2/2$, where k is an elastic spring constant.³⁸ We have represented this scenario by a schematic in Fig. 8, wherein the proposed situation arising from application of stresses of

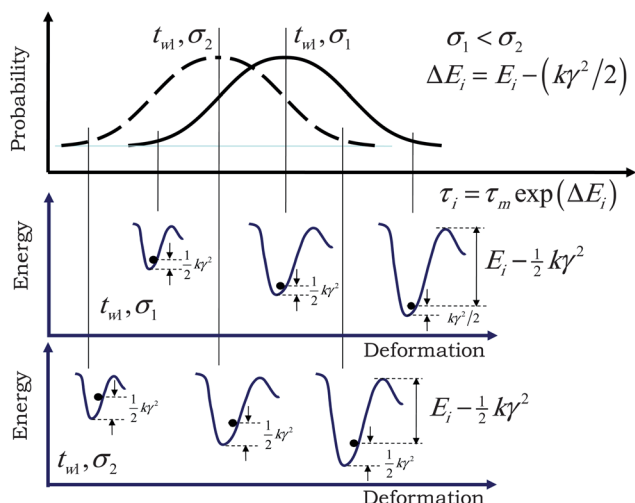


Fig. 8 A schematic representing effect of stress on relaxation time distribution having same age (t_{w1}). Relaxation time is assumed to depend on energy barrier and strain according to: $\tau_i = \tau_m \exp(E_i - k\gamma^2/2)/k_B T$.^{37,38} Depending on strain induced in the material at two stresses ($\sigma_1 < \sigma_2$), energy barrier decreases. However, if strain induced in the material is such that the potential energy enhancement $k\gamma^2/2$ is significantly smaller than the energy well depth of shallow wells in the distribution, the shape of the spectrum is not affected by the deformation field.

different magnitude on a soft glassy material having same age is represented. It can be seen that strain induced in the material enhances the potential energy of a trapped constituent. This reduces the energy barrier required to escape the well and is given by $\Delta E_i = E_i - \frac{1}{2}k\gamma^2$. Consequently escape time (characteristic relaxation time) also reduces according to:³⁸ $\tau_i = \tau_m \exp(\Delta E_i/k_B T)$. The logarithmic rate of change of i th relaxation mode is then given by:

$$\mu_i = d \ln \tau_i / d \ln t_w = \frac{1}{k_B T} d \left(E_i - \frac{k\gamma^2}{2} \right) / d \ln t_w. \quad (13)$$

In the inset of Fig. 4, we observe that every time-aging time superposition is characterized by a constant value of μ . Therefore, if a given magnitude of stress affects all the relaxation modes in same fashion such that associated values of μ_i for a given stress are same for all the modes, then the time-aging time superposition will be possible at that stress.

In principle, a greater magnitude of stress at any given time will induce greater magnitude of strain in a material having same age. Consequently, the distribution of energy barrier will shift towards the lower energies as shown in schematic represented in Fig. 8. However, if the strain induced in the material is not significant so that $k\gamma^2/2$ is smaller than the energy well depth of the particles trapped in shallow wells, application of stress field will not alter the shape of a distribution of relaxation times, but only the average value. (It is known that viscosity of a material depends more strongly on slower relaxation modes;³⁹ therefore even if very fast modes do get affected by the deformation field, rheological behavior will still be determined by the shape of the spectrum associated with moderately fast to slow modes.) Therefore, if a material follows the time-aging time superposition in creep (by fulfilling condition illustrated in Fig. 7), it will also follow time-aging time-stress superposition for those stresses that do not significantly affected a shape of the spectrum (by fulfilling condition illustrated in Fig. 8). Fig. 4 suggests that value of μ decreases with increase in stress. Eqn (13), therefore, suggests that intensity of physical aging, which is represented by rate of change of $E_i - \frac{k\gamma^2}{2}$ as a function of $\ln t_w$, becomes weaker with increase in stress. Furthermore, similar to that observed for a single mode analysis, even though μ decreases with stress, since shape of a spectrum is preserved, the system will demonstrate time-aging time-stress superposition over the range of stresses. Therefore, effective time theory clearly suggests that the prediction of long or short time behavior is possible only if a shape of the spectrum remains unaltered for the duration over which the prediction is sought.

If stress applied to the system is large, strain induced in the material will enhance potential energy of the particles to a greater extent causing local yielding of significant fraction of the particles. However those particles that are trapped in deeper wells shall continue to undergo aging and increase their energy barrier (decrease the potential energy) as a function of time. The whole dynamics of the material in such state will be determined by interplay between aging of particles in deep wells and rejuvenation of particles in shallow wells. Let us consider an aging system at different ages. By virtue of a greater average barrier height for an older systems as shown in Fig. 7, their average relaxation time and

viscosity will also be greater compared to the younger systems. Therefore, application of stress having the same magnitude will induce greater strain in the younger samples at any given creep time. This will induce rejuvenation of a greater fraction of particles in younger samples than in older samples. Consequently, the smaller fraction of particles will continue to undergo aging dynamics in younger samples compared to that of in older samples. In addition, if the rate of enhancement of strain is such that the term $k\gamma^2/2$ dominates the overall enhancement in barrier height as a function of aging time, a progressively greater fraction of particles will undergo rejuvenation as a function of time. As a result, this process will further reduce fraction of particles that are aging and eventually, by a forward feedback mechanism, a sudden yielding will occur as shown in Fig. 3. On the other hand, if aging dynamics of the particles trapped in deeper wells is strong enough so that progressive increase in strain is not able to enhance fraction of particles getting rejuvenated any further, sudden yielding will not be observed. However in the latter case, the rejuvenation dynamics will change a shape of the spectrum of relaxation times. Therefore, such a creep curve will not participate in the time–aging time superposition as demonstrated in the inset of Fig. 3a (creep curve belonging to $t_w = 1200$ s).

IV. Conclusion

In this work we study the creep behavior of aging aqueous suspension of Laponite at various aging times (time elapsed since mechanical quench) and stresses. We use the effective time approach to analyze the creep data. This approach facilitates the transformation of a real time scale (with time dependent relaxation modes) to effective time scale (with constant relaxation mode) so that the Boltzmann superposition principle is applicable. We observe that the creep curves obtained over a range of aging times for a given creep stress superpose to demonstrate creep time–aging time superposition when plotted in effective time scale. Such superposition also leads to estimation of the rate of evolution of relaxation time as a function of aging time (μ). Time–aging time superpositions obtained at different stresses, which lead to decrease in μ with increase in stress, produce time–aging time–stress superposition with appropriate modification of effective time scale. Existence of such a superposition in effective time domain facilitates the prediction of long and very short time rheological behavior. We observe that time–aging time–stress superposition demonstrates greater predictive capacity compared to that from time–aging time superposition at a single stress. Analysis of the observed behavior from a point of view of effective time theory suggests that time–aging time–stress superposition is possible only when a shape of the spectrum of relaxation times is preserved as a function of aging time and applied stress.

The creep curves obtained at small aging times and very high stresses do not participate in the superposition and are observed to undergo delayed but sudden yielding. The critical creep time at the onset of yielding is observed to increase with increase in aging time and decrease in stress. We propose that rejuvenation of part of the relaxation modes under application of strong deformation fields leads to nonlinear coupling between modes that are aging and modes that are undergoing rejuvenation. Consequently progressive rejuvenation of increasingly greater

fraction of relaxation modes leads to delayed yielding as observed experimentally.

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